



# Project Rachel

Peace begins here.

## Rachel Retreats

### Retreat Dates

October 24 - 26, 2014

### Location

To be disclosed upon registration

### For

Women and men struggling with a past abortion

### About

Get away from the daily pressures of work and family to begin healing in a supportive and non-judgmental process.

## Post-Abortion Prayer & Study Group

### Weekly Meeting Dates & Time

TBD

### Location

To be disclosed upon registration

### For

Women struggling with a past abortion.

### About

Share a journey to hope and healing with others in a weekly group setting.

## Healing Opportunities

*for those suffering from the effects of abortion*

Are you experiencing low self-esteem?

Do you feel alienated from God?

Do you have guilty feelings about the decision?

Are you struggling to mourn the loss?

Do you desire to experience forgiveness and healing?

You may benefit from Rachel Retreats or Prayer & Study Groups offered by Project Rachel.

### Registration & Information

# 1-877-WeCare2

1 - 8 7 7 - 9 3 2 - 2 7 3 2

or [Project-Rachel@austindiocese.org](mailto:Project-Rachel@austindiocese.org)

[www.austindiocese.org/projectrachel](http://www.austindiocese.org/projectrachel)



*A ministry of the*

Office of Pro-Life Activities  
and Chaste Living

Diocese of Austin

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