



My Family's History

Each family has its own traditions and ways of doing things. Your parents learned from their parents and your grandparents learned from your great-grandparents. That's a lot of history! Your family is like no other family. It's fun to learn about your family's myths, traditions, challenges and triumphs.

Talk about your family's favorites:



Places to go on vacation



Family meals



Fun times together

Think It Through:

Traditions and rituals are things you do over and over which have special meaning to you and your family. How does your family celebrate holidays, birthdays or other special family events? _____

Many of our ancestors made sacrifices for the next generation. Ask your parents or grandparents to tell you about sacrifices your ancestors made. _____

Act:

Ask your grandparents to share with you their memories about growing up. Ask them what life has taught them that they would like to share with your generation. Write it down so that your family will remember their wisdom.

If your family has a Bible with records of marriages, births and deaths, try to learn something more about your ancestors, where they came from, and what kind of work they did. Record whatever you discover about your family history in writing or on a video.

Scripture:

Luke 15:11-32, Story of the Prodigal Son
1 Corinthians 13:4-13, Unselfish Love

Resources:

For Children: **Remembering Wilma** by Christy Baldwin, Tribute Books

A Kid's Guide to Keeping Family First by J.S.Jackson, Abbey Press

For Parents and Children:

Making Heart Bread by Matthew, Sheila and Dennis Linn, Paulist Press

For Parents: **The Everything Family Tree Book: Finding, Charting & Preserving Your Family History**
by William G. Hartley, Adams Media Corporation

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